

CURRICULUM VITAE

Amy A Drescher PhD, RDN

CHRONOLOGY OF EDUCATION

- 2002 Doctor of Philosophy in Nutritional Sciences and Minor in Exercise Physiology
University of Arizona, Tucson, Arizona
Title of Dissertation: *Nutritional Status Change in Patients Receiving Outpatient Chemotherapy*
Dissertation Advisor: Dr. Wanda Howell
- 1990 Bachelor of Science, Nutritional Sciences, Dietetics Option
University of Arizona, Tucson, Arizona

Certifications:

- 1991-Present Registered Dietitian Nutritionist (RDN)

CHRONOLOGY OF EMPLOYMENT

- 2019-Present Assistant Professor of Practice, School of Nutritional Sciences and Wellness, University of Arizona, Tucson, AZ
- 2017-2019 Dietetic Internship Director, Banner University Medical Center, Tucson, AZ
- 2015-2019 Technical Expert/ Health Educator, University of Arizona, Department of Nutritional Sciences, University of Arizona, Tucson, AZ
- 2010-2017 Adjunct Instructor Dietetics/Online Program Advisor, Central Arizona College, Coolidge, AZ
- 2012-2013 Consulting Dietitian for “My Dietitian”
- 2010-2011 Adjunct Instructor Culinary Arts, The Art Institute, Tucson AZ
- 2007 Clinical Dietitian, El Rio Immunology Clinic, Tucson, AZ
- 2004-2015 Research Specialist, Arizona Respiratory Center, University of Arizona, Tucson, AZ
- 2005-2008 PRN Clinical Dietitian, Tucson Heart Hospital, Tucson, AZ
- 2002-2004 Bionutrition Research Manager, University of Arizona, Tucson, AZ
- 1996-2001 Bionutrition Research Manager, The Children’s Hospital, Pediatric General Clinical Research Center, Denver, CO
- 1991-1996 Clinical Dietitian, Carondelet St Mary’s Hospital, Tucson, AZ

SERVICE AND OUTREACH

Local/ State Service and Outreach

- 2023 AI Integrity in Education Working Group- University Wide discussion and working group to address AI use on campus. Chair of Subgroup Student/Faculty Ethics and AI Survey Group
- 2021-Present Southern Arizona VA Future Education Graduate Program Advisory Board Member
- 2020-Present Carondelet Health Network Dietetic Internship, Advisory Board Member
- 2018- Present Southern Arizona Academy of Nutrition and Dietetics (S-AZAND),

Departmental Committees

- 2019-Present Career Track Faculty Peer Review Committee
- 2019-Present Undergraduate Programs Committee
- 2021-Present Co-Chair Curriculum Committee

University Committees

- 2022-Present University of Arizona Hearing Board Member
- 2022- Present ASUA Group Advisor CHAARG health and wellness group for women on campus.

PUBLICATIONS

Refereed Journal Articles

1. Hoffenberg EJ, Haas J, **Drescher A**, Barnhurst R, Osberg I, Bao F, Eisenbarth G. [A trial of oats in children with newly diagnosed celiac disease.](#) *J Pediatr.* 2000 Sep;137(3):361-6. doi: 10.1067/mpd.2000.109003. PubMed PMID: 10969261.
2. Vasquez MM, Goodwin JL, **Drescher AA**, Smith TW, Quan SF. Associations of dietary intake and physical activity with sleep disordered breathing in the Apnea Positive Pressure Long-Term Efficacy Study (APPLES). *J Clin Sleep Med.* 2008;4(5):411-418.
3. Silva GE, Goodwin JL, Parthasarathy S, Sherrill DL, Vana KD, **Drescher AA**, Quan SF. [Longitudinal association between short sleep, body weight, and emotional and learning problems in Hispanic and Caucasian children.](#) *Sleep.* 2011 Sep 1;34(9):1197-205. doi: 10.5665/SLEEP.1238. PubMed PMID: 21886357; PubMed Central PMCID: PMC3157661
4. **Drescher AA**, Goodwin JL, Silva GE, Quan SF. Caffeine and screen time in adolescence: associations with short sleep and obesity. *J Clin Sleep Med.* 2011;7(4):337-342. doi:10.5664/JCSM.1182
5. Awad KM, **Drescher AA**, Malhotra A, Quan SF. Effects of exercise and nutritional intake on sleep architecture in adolescents. *Sleep Breath.* 2013;17(1):117-124. doi:10.1007/s11325-012-0658-6
6. Batool-Anwar S, Goodwin JL, **Drescher AA**, et al. Impact of CPAP on activity patterns and diet in patients with obstructive sleep apnea (OSA). *J Clin Sleep Med.* 2014;10(5):465-472. Published 2014 May 15. doi:10.5664/jcsm.3686
7. Quan SF, **Drescher AA**, Vasquez MM, Goodwin JL. Poor quality diet in obstructive sleep apnea. *Sleep.* 2019;42(5):zsz058. doi:10.1093/sleep/zsz058

Book Chapters

1. University of Arizona Open Educational Resource (OER) in Culinary Medicine Chapter Title: Chapter 9 Bioactive Compounds in Foods, **AA Drescher** (Author)
2. University of Arizona Open Educational Resource (OER) in Culinary Medicine Appendix A Case Studies, **AA Drescher** (Co-Author)
3. [Integrating Therapeutic and Complementary Nutrition](#) Published: July 20, 2006 by CRC Press Editor(s): Mary J Marian, Pamela Williams-Mullen, Jennifer Muir Bowers. Chapter title: Pregnancy and Lactation, **AA Drescher**, D Pesicka, and J Shabert

Other Scholarship

1. **2023 Principal Investigator**, Integrity in AI Use and Attitudes Among UA Students and Faculty, IRB ID: STUDY00003264
2. **2023 Peer Reviewer**: Lowry R, Wechsler H, Galuska DA, Fulton JE, Kann L. Television Viewing and its Associations with Overweight, Sedentary Lifestyle, and Insufficient Consumption of Fruits and Vegetables Among US High School Students: Differences by Race, Ethnicity, and Gender. *Journal of School Health.* 2002;72(10):413-421. doi:https://doi.org/10.1111/j.1746-1561.2002.tb03551.x

Media

Recordings – Featured on a podcast hosted by Dr Amy Graham with the educational community at the University of Arizona PEP Talks Productive Educational Practices. 3/17/2023

<https://www.podbean.com/site/EpisodeDownload/PB13BCCA9NDM9P>

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

- 2023-Present Academy of Nutrition and Dietetics (AND)
- CV Well - Dietetic Practice Group
 - Nutrition Entrepreneurs (NE) DPG
- 1991-Present Commission on Dietetic Registration (CDR)
- 1991-Present Arizona Academy of Nutrition and Dietetics (AZAND)
- 1991-Present Southern Arizona Academy of Nutrition and Dietetics (S-AZAND)
- 2019-2021 Nominating Committee
 - 2021-2022 Community Outreach
- 2001-2020 Cardiovascular Health and Well-being (SCAN)

PROFESSIONAL DEVELOPMENT

- 2023 Attended FNCE (Food and Nutrition Conference and Expo) Attended events to update on nutrition Topics and teaching knowledge to earn continuing education credits and attended professional networking events.
- 2023 Spring and Summer Reading Group with UA Faculty focus on diversity and building student resilience.
- 2023 Attended Arizona Academy of Nutrition and Dietetics Annual Meeting for continuing education.

AWARDED GRANTS

State/Internal

Title: Nutrition Mentoring to Increase Access to Professional Opportunities for Dietetics Students
% Effort: 1%
Role: **Co-Investigator**
Funding Source: MENTOR Institute for Seed Grants, University of Arizona Amount: \$5,000
Time period: 8/1/22-7/31/23