



B.S. NUTRITIONAL SCIENCES & WELLNESS
2024 - PRESENT CATALOG CHECKLIST (NEW GE)

NAME: _____ SID#: _____ DATE: _____

UA FOUNDATIONS & GENERAL EDUCATION

MATH

MATH 112: College Algebra (3 units) _____

COMPOSITION~ (select one (1) sequence)

ENGL 101 & 102: First Year Composition (3 units) _____ & _____

or ENGL 107 & 108: First Year Composition (3 units) _____ & _____

or ENGL 109H: Advanced First-Year Composition (3 units) _____

SECOND LANGUAGE*

You must demonstrate second semester level proficiency in a foreign language (ex: SPAN 102 or higher) (0-8 units)

GENERAL EDUCATION

UNIV 101: Intro to General Education (1 unit) > _____

Exploring Perspectives (complete one (1) course in each category)

Artist: _____ (3 units) _____

Humanist: _____ (3 units) _____

Natural Scientist: _____ (3 units) _____

Social Scientist: _____ (3 units) _____

Building Connections (complete three (3) courses)

_____ (3 units) _____

_____ (3 units) _____

_____ (3 units) _____

UNIV 301:General Education Capstone (1 unit) > _____

SUPPORTING SCIENCE COURSEWORK

BIOC 384: Foundations in Biochemistry (3 units) _____

BIOC 385: Metabolic Biochemistry (3 units) _____

CHEM 151: General Chemistry I (4 units) _____

CHEM 152: General Chemistry II (4 units) _____

CHEM 241A: Organic Chemistry I (3 units) _____

ECOL 320: Genetics (4 units) _____

MCB 181R: Introductory Biology (3 units) _____

MCB 181L: Introductory Biology Lab (1 unit) _____

MIC 205A: Microbiology Lecture (3 units) _____

MIC 205L: Microbiology Lab (1 unit) _____

PSIO 202: Human Anatomy & Physiology II (4 units) _____

PSIO 201: Human Anatomy & Physiology I (4 units) _____

STATISTICS

STATISTICS^ (complete one (1) course)

AREC 239, BIOS 376, FCSC 201, ISTA 116

MATH 163, MATH 263, PSY 230, SBS 200, SOC 375 _____

NUTRITION CORE COURSEWORK

NSC 170C1: Nutrition, Food, & You (3 units) _____

NSC 260: Nutrition Communication and Scientific Literacy (3 units) _____

NSC 275: Fundamentals of Precision Nutrition (3 units) _____

NSC 308: Nutrition and Metabolism (3 units) _____

NSC 312: Weight Stigma (3 units) _____

NSC 395A: Experiential Learning (2 units) _____

NSC 395C: Graduate Schools Exploration (1 unit) _____

NSC 396A: Survey of Nutrition Careers (1 unit) _____

NSC 408: Nutritional Biology (3 units) _____

NSC 410: Applied Nutrition and Disease (3 units) _____

ELECTIVES

HEALTH SCIENCES (complete 16 units)

NUTRITION (complete 15 units)

FOOD SCIENCE & FERMENTATION (complete 3 units)

COMMENTS

GRADUATION REQUIREMENTS:

A minimum of 120 units is required. 56 units must be university level. 42 must be upper division (300, 400 level). A minimum major & cumulative GPA of 2.0 is required.

Total Units: _____ /120

Upper Division Units: _____ /120

University Level Units: _____ /120

KEY:

~ Requires a "B" or better in second semester English Composition to satisfy Mid-Career Writing Assessment

* Requires a "C" or better in second semester language course

> UNIV 101 & UNIV 301 do not need to be taken by Transfer students

^ Bolded statistic courses can also satisfy foundation math requirement