

B.S. NUTRITION & DIETETICS

2026 - 2027 CATALOG CHECKLIST (FIRST TERM FALL 2026)

NAME: _____ SID#: _____ DATE: _____

UA FOUNDATIONS & GENERAL EDUCATION

FOUNDATION/MAJOR MATH

MATH 112: College Algebra (3 units) _____

COMPOSITION~ (select one (1) sequence)

WRIT 101 & 102: First Year Composition (3 units) _____ & _____

or

WRIT 107 & 108: First Year Composition (3 units) _____ & _____

or

WRIT 109H: Advanced First-Year Composition (3 units) _____

SECOND LANGUAGE*

You must demonstrate second semester level proficiency in a foreign language (ex: SPAN 102 or higher) (0-8 units)

GENERAL EDUCATION

UNIV 101: Intro to General Education (1 unit) >

Exploring Perspectives (complete one (1) course in each category)

Artist: _____ (3 units) _____

Humanist: _____ (3 units) _____

Natural Scientist: NSC 170C1 (3 units) _____ X

Social Scientist: _____ (3 units) _____

Building Connections (complete three (3) courses)

_____ (3 units) _____

_____ (3 units) _____

Civic Institutions (complete one (1) course)

_____ (3 units) _____

UNIV 301: General Education Capstone (1 unit) > _____

SUPPORTING COURSEWORK & SCIENCES

STATISTICS^ (complete one (1) course) (3-4 units)

AREC 239, BIOS 376, FCSC 201, ISTA 116

MATH 163, MATH 263, PSY 230, SBS 200, SOC 375

_____ (3 units) _____

BIOC 384: Foundations in Biochemistry (3 units) OR

BIOC 385: Metabolic Biochemistry (3 units) _____

CHEM 151: Chemical Thinking I(4 units) _____

CHEM 152: Chemical Thinking II (4 units) _____

CHEM 241A: Organic Chemistry I (3 units) _____

MCB 181R: Introductory Biology (3 units) _____

MCB 181L: Introductory Biology Lab (1 unit) _____

MIC 205A: General Microbiology (3 units) _____

MIC 205L: General Microbiology Lab (1 unit) _____

PSIO 201: Human Anatomy & Physiology I (4 units) _____

PSIO 202: Human Anatomy & Physiology II (4 units) _____

DIETETICS COURSEWORK

NSC 170C1: Nutrition, Food, & You ** (3 units) Grade of B or better required

NSC 195A: Exploring Professional Pathways in Nutrition (1 unit) _____

NSC 225: Foundational Skills in Nutritional Sciences (2 units) _____

NSC 260: Nutrition Communication and Scientific Literacy (3 units) _____

NSC 301: Nutrition and the Life Cycle (3 units) _____

NSC 308: Nutrition and Metabolism (3 units) _____

NSC 325: Foundations of Medical Nutrition Therapy (4 units) _____

NSC 325L: Foundations of Medical Nutrition Therapy Lab (1 unit) _____

NSC 351R: Fundamentals of Food Science (3 units) _____

NSC 351L: Fundamentals of Food Science Lab (1 unit) _____

NSC 358R: Institutional Food Management (2 units) _____

NSC 358L: Institutional Food Management Lab (1 unit) _____

NSC 395A: Experiential Learning in Nutritional Sciences (2 units) _____

NSC 395D: Earning the RDN Credential (1 unit) _____

NSC 408: Nutritional Biology (3 units) _____

NSC 420: Nutrition Education & Counseling (2 units) _____

NSC 422: Weight Inclusive Counseling (3 units) _____

NSC 425: Medical Nutrition Therapy I (4 units) _____

NSC 435: Medical Nutrition Therapy II (4 units) _____

NSC 444: Community Nutrition (3 units) _____

NSC 458: Food Service Organization and Management (3 units) _____

NSC 495A: Dietetic Internship Preparation (1 unit) _____

Students in the Didactic Program in Dietetics (DPD) are required to meet and complete a series of Knowledge Requirements for Registered Dietitian Nutritionists (KRDN) to receive a Verification Statement upon graduation. KRDNs prepare students with the necessary knowledge to enter an Accreditation Council for Education in Nutrition & Dietetics (ACEND) Accredited Graduate Program. KRDNs are measured in several DPD courses. For details on specific KRDNs and where they are mapped in the curriculum, please refer to the DPD handbook.

COMMENTS

GRADUATION REQUIREMENTS:

A minimum of 120 units is required. 56 units must be university level. 42 must be upper division (300, 400 level). A minimum major & cumulative GPA of 2.0 is required.

Total Units: _____/120

Upper Division Units: _____/42

University Level Units: _____/56

KEY/NOTES:

~ Requires a “B” or better in second semester English Composition to satisfy Mid-Career Writing Assessment

* Requires a “C” or better in second semester language course

> UNIV 101 & UNIV 301 do not need to be taken by Transfer students

** Requires a “B” or better for graduation

^ Bolded statistic courses can also satisfy foundation math requirement

This is provided as a guide only. Please meet regularly with your Nutrition academic advisor to monitor your progress in the major.